

STUDENT INFORMATION

GOAL: To establish a habit! Simple as that! It's less about time spent and more about quality of practice. Participants will receive a Certificate of Merit at the completion of the program and a few surprises TBA.

PROCESS: Use the Practice Diary to record what you accomplished each day. Have a parent/guardian initial it. Bring this to lessons to review with your teacher and receive your stickers. Practice does not have to be in one sitting – break it up into two or even three sessions.

WHAT CAN I PLAY?

- ◇ All of the weekly assignment (WA).
- ◇ Extra practice for anything tricky.
- ◇ Old pieces that you love.
- ◇ All the scales, cadences or arpeggios that you know.
- ◇ A new piece you haven't started yet.
- ◇ Improvise!
- ◇ Compose.
- ◇ Work out a tune by ear.
- ◇ Sight read from a book outside your normal lesson books.
- ◇ Learn duets with a friend or family member.
- ◇ Play for family or friends.

WHAT IF THERE'S NO PIANO?

- ◇ Do some theory pages.
- ◇ Listen to your pieces (CD or YouTube) while playing 'air piano' or dancing!
- ◇ Identify the intervals in any piece.
- ◇ Point and say the notes.
- ◇ Sing your lesson pieces.
- ◇ Play a music theory game using Tenuto or online.
- ◇ Learn some new musical terms and write their definition.
- ◇ Read about a famous composer.
- ◇ Learn about music time periods.
- ◇ Compose a melody on staff paper and sing it.
- ◇ Make up words to one of your pieces.
- ◇ Attend a concert.

SAMPLE ENTRIES

- ◇ WA (for weekly assignment), A Major scale and cadence
- ◇ Learned "Happy Birthday" by ear; did 4 theory pages; sang 2 of my lesson songs.
- ◇ Blues improv; sightread from last year's lesson book; played Happy Birthday for Mom
- ◇ No piano - read about Frederic Chopin and listened to some of his waltzes

TIME FRAME

- ◇ You and your teacher will decide the start date. Project must end February 28, 2025.

TEACHER INFORMATION

GOAL: To establish a habit! Simple as that! It's less about time spent and more about quality of practice.

PRACTICE DIARY

- Note the start date on the **Practice Diary** with your student.
- Explain to the student what to notate on the diary each day. As stated above, it's less about time spent and more about quality of practice. However, you and your student will decide together what you want to record here.
- Student must practice for 50 consecutive days – no excuses!
 - If the student misses a day, they must start the challenge over at Day 1.
 - Exceptions to the rule: family emergency or student illness.
- Daily practice can be achieved even if the child is away from an instrument – listening, reading, theory workbook, online theory games, flashcards, music software (*Tenuto is great!*), attending a concert, playing for family or friends, etc.
- A parent should initial each day.

PRACTICE CHART

- The **Practice Chart** may be kept in your studio or in the student's assignment book. Place one small sticker or stamp of your choosing on each day practiced.
- You may also keep a chart in the studio.
- Students who complete 25 days may have their names and photos (if desired) listed on the RMTA website. Teachers are responsible for sending these names and photos to the chair.

INCENTIVES/AWARDS

- Periodic incentives may be given at the teacher's discretion. (*music themed pencils, bookmarks, sheet music, etc...your choice!*)
- Upon completion of the challenge, all students will receive a Certificate of Merit and ribbon from RMTA documenting their accomplishment. Plus a few surprises TBA.

TIMEFRAME

- Project closes February 28, 2025.
- The teacher decides the start date.
- **By September 30, 2024, email Millie with the number of students participating from your studio.** This will help with planning the final rewards for everyone.

COORDINATOR

- Millie Eben; 610-334-4635; mgeben@mac.com

Name: _____

DAILY PRACTICE DIARY

Start Date _____

Write a brief description of what you practiced each day. If it included your Weekly Assignment, mark "WA".

Parent
initial

DAY 1	_____	_____
DAY 2	_____	_____
DAY 3	_____	_____
DAY 4	_____	_____
DAY 5	_____	_____
DAY 6	_____	_____
DAY 7	_____	_____
DAY 8	_____	_____
DAY 9	_____	_____
DAY 10	_____	_____
DAY 11	_____	_____
DAY 12	_____	_____
DAY 13	_____	_____
DAY 14	_____	_____
DAY 15	_____	_____
DAY 16	_____	_____
DAY 17	_____	_____
DAY 18	_____	_____
DAY 19	_____	_____
DAY 20	_____	_____
DAY 21	_____	_____
DAY 22	_____	_____
DAY 23	_____	_____
DAY 24	_____	_____



DAY 25

DAY 26

DAY 27

DAY 28

DAY 29

DAY 30

DAY 31

DAY 32

DAY 33

DAY 34

DAY 35

DAY 36

DAY 37

DAY 38

DAY 39

DAY 40

DAY 41

DAY 42

DAY 43

DAY 44

DAY 45

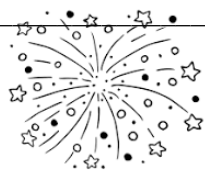
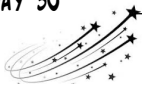
DAY 46

DAY 47

DAY 48

DAY 49

DAY 50



I did it!

1	2	3	4	5	6	7	8	9	10
Start Date									Good start!
11	12	13	14	15	16	17	18	19	20
					You're on a roll!				
21	22	23	24	25	26	27	28	29	30
				Half way there!					
31	32	33	34	35	36	37	38	39	40
	You can do it!!								The end is in sight!
41	42	43	44	45	46	47	48	49	50
					Almost there!				End Date



